

## Appendix

### Demographic Characteristics of Respondents Monroe County Youth Risk Behavior Survey, 2003

Age	%
12 years old or younger	0.5
13 years old	0.3
14 years old	6.7
15 years old	19
16 years old	26.9
17 years old	30.8
18 years old or older	15.9

Gender	%
Female	51.8
Male	48.2

Grade	%
9th grade	17.2
10th grade	26.1
11th grade	31.1
12th grade	25.3
Ungraded or other grade	0.2

Race/Hispanic Origin	%
American Indian or Alaska Native	1.3
Asian	4.2
Black or African American	15.9
Hispanic or Latino	4.8
Native Hawaiian or Other Pacific Islander	1.2
White	72.6

**Monroe County Youth Risk Behavior Survey, 2003**  
**Percent of Public High Schools Students Reporting Risk Behaviors**  
**(Unadjusted rates)**

<b>Unintentional Injuries</b>		
q6	Rarely, or never wore a bike helmet when riding a bike in the past year	78.0%
q7	During the past month, rode in a car/vehicle driven by someone who had been drinking alcohol	30.2%
q8	During the past month, drove a car/vehicle when they had been drinking alcohol	11.5%
<b>Intentional Injuries – Violence</b>		
q9	Carried a weapon in the past month	14.5%
q10	Carried a gun in the past month	5.0%
q11	Carried a weapon on school property in the past month	6.0%
q12	Did not go to school on one or more days in the past month because they felt unsafe	5.8%
q13	Were teased, harassed, or attacked at school or on the way to school in the past month <sup>[new in 2003]</sup>	30.3%
q14	Were threatened/injured on school property 1 or more times in the past year	7.5%
q15	Had property stolen or deliberately damaged on school property in the past year <sup>[new in 2003]</sup>	26.4%
q16	Engaged in a physical fight in the past year	27.1%
q17	Engaged in a physical fight on school property in the past year	11.6%
q18	Were hit, slapped or physically hurt on purpose by a boyfriend or girlfriend in the past year	11.9%
q19	Were ever forced to have sexual intercourse	9.1%
<b>Intentional Injuries – Suicide Risk</b>		
q20	In the past year, felt so sad or hopeless almost every day for 2 or more weeks in a row that they stopped doing their usual activities	27.0%
q21	Seriously considered attempting suicide in the past year	15.9%
q22	Made a specific plan about how they would attempt suicide, in the past year	12.3%
q23	Attempted suicide in the past year	11.9%
q24	Attempted suicide in the past year that resulted in an injury that needed treatment by a doctor or nurse	4.6%
<b>Tobacco</b>		
q25	Ever tried smoking cigarettes, even one or two puffs	49.7%
q26	Smoked a whole cigarette before age 13	13.6%
q27	Current smokers <sup>1</sup>	19.7%
q27	Smoked on 20 or more of the last 30 days	7.4%
q29	Bought cigarettes from a convenience store, supermarket, discount store or gas station, <i>of current smokers<sup>1</sup> under age 18</i>	20.1%
q31	Smoked cigarettes on school property in the past 30 days	7.6%
q32	Ever smoked daily <sup>2</sup>	11.5%
q33	Tried to quit smoking in the past 12 months, <i>of those who smoked every day in the past 30 days</i>	59.0%
q34	Used smokeless tobacco in the past month	5.0%
q35	Smoked cigars in the past month	13.1%

<sup>1</sup> Smoked on one or more days in the past month

<sup>2</sup> Smoked 1 cigarette every day for 30 days

Alcohol Use		
q36	Ever drank one or more drinks of alcohol <sup>3</sup> in their lifetime	74.9%
q37	Drank one or more drinks of alcohol <sup>3</sup> before age 13	21.7%
q38	Had at least one drink of alcohol <sup>3</sup> in the past month	44.2%
q39	Drank heavily in the past month <sup>4</sup>	26.6%
Drug Use		
q40	Used marijuana in their lifetime	40.8%
q41	Used marijuana before age 13	7.9%
q42	Used marijuana in the past month	23.4%
q43	Used cocaine in their lifetime	7.3%
q44	Used cocaine in the past month	4.3%
q45	Ever sniffed glue, spray cans or paint to get high	9.1%
q46	Sniffed glue, spray cans or paint to get high in the past month	4.7%
q47	Used heroin in their lifetime	3.7%
q48	Used methamphetamines in their lifetime	5.6%
q49	Used ecstasy in their lifetime <small>[new in 2003]</small>	6.3%
q50	Used steroids without a doctor's permission in their lifetime	4.3%
q51	Took a drug prescribed for someone else to get high in their lifetime <small>[new in 2003]</small>	9.3%
q52	Took any form of over the counter drug to get high in their lifetime <small>[new in 2003]</small>	8.8%
q53	Used herbal or "natural" products either to make them feel better or help their performance in sports or school in their lifetime	19.3%
q54	Injected any illegal drug into their body in their lifetime	2.5%
q55	Used any other type of illegal drug, such as LSD, PCP, or mushrooms in their lifetime <small>[new in 2003]</small>	9.4%
q56	Was offered, sold or given an illegal drug on school property in the past year	31.1%
Sexual Risk		
q57	Ever had sex in their lifetime	43.4%
q58	Had sexual intercourse before age 13	6.3%
q59	Had sexual intercourse with 4 or more partners in their lifetime	11.6%
q60	Currently sexually active <sup>5</sup>	28.5%
q60	Abstained from sex in past 3 months, <i>of those who ever had sexual intercourse</i>	28.3%
q61	The last time they had sexual intercourse, they used alcohol or drugs beforehand, <i>of those who are currently sexually active</i> <sup>5</sup>	23.2%
q62	Used a condom the last time they had sexual intercourse, <i>of currently sexually active males</i> <sup>5</sup>	69.2%
q62	Used a condom the last time they had sexual intercourse, <i>of currently sexually active females</i> <sup>5</sup>	49.6%
q63	Birth control pill use before last sexual intercourse, <i>of currently sexually active males</i> <sup>5</sup>	22.3%
q63	Birth control pill use before last sexual intercourse, <i>of currently sexually active females</i> <sup>5</sup>	26.4%
q64	Ever participated in oral sex <small>[new in 2003]</small>	45.5%

<sup>3</sup> Includes beer, wine coolers and liquor. Doesn't include drinking for religious purposes

<sup>4</sup> 5 or more drinks of alcohol in a row, within a couple of hours

<sup>5</sup> Had sexual intercourse in the past 3 months

Nutrition		
q65	Thought they were slightly overweight or very overweight	29.4%
q66	Currently trying to lose weight	45.6%
q67	Exercised to lose weight or to keep from gaining weight in the past 30 days	61.2%
q68	Ate less food, fewer calories or foods low in fat to lose weight or keep from gaining weight in the past 30 days	42.4%
q69	Went without eating for 24 hours or more to lose weight or keep from gaining weight in the past 30 days	10.5%
q70	Took any diet pills, powders or liquids <sup>6</sup> without a doctor's advice to lose weight or keep from gaining weight in the past 30 days	7.1%
q71	Drank 3 or more glasses of milk per day during the past 7 days	23.6%
Physical Activity		
q72	Participated in vigorous physical activity <sup>7</sup> for 20 minutes on each occasion on 3 or more of the 7 days preceding the survey	63.6%
q73	Participated in moderate physical activity <sup>8</sup> for 30 minutes daily on 5 or more of the 7 days preceding the survey	26.3%
q74	Participated in strengthening exercises on $\geq 3$ of the 7 days preceding the survey	47.0%
q75	Watches $\geq 3$ hours per day of television on an average school day	31.3%
q76	Spends $\geq 2$ hours per day chatting or playing on the computer, or playing video games on an average school day <small>[new in 2003]</small>	52.8%
q77	Participates in daily school physical education classes	4.2%
q78	During an average physical education class, spends $>20$ minutes actually exercising or playing sports	77.2%
q79	Played on 1 or more sports teams during the past year	58.5%
Preventive Health		
q80	Saw a doctor or health care provider for a check-up or physical exam in the past year	80.5%
q81	During their last check-up, the doctor or health care provider discussed ways to prevent pregnancy, AIDS or other sexually transmitted diseases	50.0%
q82	During their last check-up, the doctor or health care provider discussed ways to avoid alcohol use	31.6%
q83	During their last check-up, the doctor or health care provider discussed ways to avoid tobacco use	33.4%
q84	In the last 12 months, got a chance to speak with a doctor or other health care provider privately <small>[new in 2003]</small>	69.3%
GottaQuit.com		
q85	Ever visited GottaQuit.com, <i>of current smokers</i> <small>[new in 2003]</small>	25.6%
q86	Visited GottaQuit.com in the past 12 months, <i>of current smokers</i> <small>[new in 2003]</small>	17.0%

<sup>6</sup> Does not include meal replacements like Slimfast

<sup>7</sup> Activities that made them breathe hard or sweat

<sup>8</sup> Activities that did not make them breathe hard or sweat